The ASPIRE Curriculum-Key Learning

Title: Celebrating Differences **Year: Reception** **Subject: PSHCE**

Key Knowledge

- Know what being proud means and that people can be proud of different things
- Know that people can be good at different things
- Know what being unique means
- Know that families can be different
- Know that people have different homes and why they are important to them
- Know different ways of making friends
- Know different ways to stand up for myself
- Know the names of some emotions
- Know that they don't have to be 'the same as' to be a friend
- Know some qualities of a positive friendship
- Know why having friends is important

Key Skills

- Identify feelings associated with being proud
- Identify things they are good at
- Be able to vocalise success for themselves and about others successes
- Identify some ways they can be different and the same as others
- Recognise similarities and differences between their family and other families
- Identify and use skills to make a friend
- Identify and use skills to stand up for themselves
- Recognise emotions when they are someone else is upset, frightened or angry



Key Vocabulary

Different	Not the same
Special	Something that is different from the usual, often in a very good or important way
Friends	People you like to spend time with
Kind	Being helpful, gentle, and caring towards others
Same	Things are exactly alike
Family	A group of people who love and care for each other, like parents, children, and relatives
Unique	Being the only one of its kind
Proud	The good feeling you get when you or someone you care about has done something great