The ASPIRE Curriculum-Key Learning

Title: Being Me in My World Year: Reception Subject: PSHCE

Key Knowledge	Key Skills
• Know special things about themselves • Know that some people are different from themselves • Know how happiness and sadness can be expressed • Know that hand can be used kindly and unkindly • Know that being kind is good • Know that they have a right to learn and play, safely and happily	• Identify feelings associated with belonging • Identify feelings of happiness and sadness • Skills to play cooperatively with others • Be able to consider others' feelings • Be responsible in the setting



Key Vocabulary	
Kind	Being friendly, helpful and considerate to others
Gentle	Being kind, soft, and careful
Friend	Someone you like to play with and share toys with
Similar	Two or more things that are alike
Different	Having qualities or characteristics that are unlike
Rights	Basic needs and freedoms that you are entitled to
Feelings	Help us understand our emotions
Angry	A strong feeling of displeasure
Happy	Feeling joyful, content, or pleased
Excited	Feeling very happy and eager about something
Nervous	Feeling a little scared or worried about something that might happen