The ASPIRE Curriculum-Key Learning

Title: Being Me in My World Year: Year 3 Subject: PSHCE

Key Knowledge	Key Skills	Key Vocabulary	
• Know that they are important	• Recognise self-worth • Identify person strengths • Be able to set a personal goal • Recognise feelings of happiness, sadness, worry and fear in themselves and others • Make other people feel valued • Develop compassion and empathy for others • Be able to work collaboratively	Valued	Feeling loved, respected, and appreciated
• Know what is a personal goal is		Achievements	Something they've worked hard on and successfully accomplished
• Know what a challenge is		Proud	Being pleased or happy about something they or someone has done
• Know why rules are needed and how these relate to choices and consequences		Acknowledge	Showing that you know something is there or that it's happening
• Know that actions can affect others' feelings		Affirm	To say it is true or real, to state it confidently, or to support it
• Know that others may hold different views		Solutions	An answer to a problem
• Know that the school has a shared set of values		Support	Helping someone
		Dream	A strongly desired goal
		View point	How someone sees something

