# The ASPIRE Curriculum-Key Learning

**Title: Being Me in My World  Year: Year 1  Subject:  PSHCE**

| Key Knowledge | Key Skills | Key Vocabulary | |
|---|---|---|---|
| • Know the rights and responsibilities of a member of a class | • Understanding that they are special<br>• Understand that they are safe in their class<br>• Identifying helpful behaviours to make the class a safe place<br>• Identify what it's like to feel proud of an achievement<br>• Recognise feelings associated with positive and negative consequences<br>• Understand that they have choices | Safe | Being protected from danger, harm or risk |
| • Know that their views are important | | Special | Unusual, unique, or better than usual |
| • Know that their choices have consequences | | Calm | State of peace and quiet |
| • Know their own rights and responsibilities within the classroom | | Belonging | Feeling safe, accepted , and valued within a group |
| | | Learning Charter | A set of rules, promises or guidelines that children and teachers have agreed |
| | | Rewards | Something enjoyable or desirable that they receive after doing something well |
| | | Proud | Feeling of being happy or pleased about something they have done |
| | | Consequences | Outcomes that follow a positive or negative action |

